

Greetings from the President

Welcome to all Alumni in 2016. I hope everyone enjoys the new format for our newsletter. Although the college has changed its name, and the hospital is called "Crouse Health," we will continue to be known as Crouse Hospital Nurses Alumni. That seems to include all the Alumni, with the many different changes in our last 100 years.

I look forward to our Spring Luncheon on June 4, 2016 at one of our favorite locations, Borio's on Oneida Lake. This year, for the first time, we will honor our 50 year class (1966) and our 25 year class (1991). I hope many Alumni will attend. Please join us!

Julie Johnson, Class of 1961



May 2016 Graduation Commencement Ceremony

This year's ceremony will take place at Hendricks Chapel on Thursday, May 26 at 2 pm. The ceremony will include the pinning ceremony. All alumni are welcome to attend graduation. The morning of graduation, a brunch for the May graduates will be held in the Community Room in Marley. **Congratulations, graduates!**

News from the College of Nursing Dean, Rhonda Reader



Rhonda Reader

Spring is always an exciting time at the Pomeroy College of Nursing and this year is no different! Graduation is just around the corner. The ceremony will take place on Thursday May 26 at Hendricks Chapel on the Syracuse University campus.

In January, the College was granted a charter to Alpha Delta Nu Nursing Honor Society. The first members of the Delta Zeta Chapter are 10 third semester students that have excelled academically throughout all of nursing school. Pomeroy College of Nursing is the first college in Central New York to start a chapter. The students are currently working on a service project to benefit the March of Dimes. They will be officially inducted into the Honor

Society this fall.

Our students' commitment to community service extends across the curriculum as they participate in Spirit of Women events, the American Heart Association Heart Walk, and provide education and information to Central New York public schools.

Finally, the College will be awarding its first DAISY Faculty Award this spring. The DAISY Award was established by the DAISY Foundation as part of its service to the nursing profession's role in patient care. DAISY is a national recognition program that demonstrates appreciation to nursing faculty for their commitment and inspirational influence on their students. The DAISY Foundation hopes this program will contribute to faculty retention and encourage nursing faculty to continue teaching. Crouse Hospital also began recognizing an outstanding nurse's contribution to excellence in patient care each month through awarding of the DAISY Award for Exceptional Nurses last year. For more information about the DAISY awards and the DAISY Foundation, you may visit www.daisyfoundation.org/daisy-award. Recent Alumni recipients of the Daisy Award at Crouse Hospital are profiled on page 2.

Welcoming Our New CNO, Betty O'Connor



Betty O'Connor

Recently, Shannon Bouchard, Nurse Manager on 7 Irving and Alumni Board Member, sat down with Betty O'Connor, newly appointed Chief Nursing Office of Crouse Hospital. Here are highlights of the topics they covered:

Betty, are you a graduate of the Crouse Hospital College of Nursing? If so, what year?

Yes, I'm a 1980 graduate of the Crouse Irving Memorial Hospital Diploma program. I graduated in 1990 from SUNY Utica Rome

with a Bachelor's of Science in Nursing. In 2014, I received a healthcare leadership certificate from LeMoyne College. I anticipate receiving my MS in Nursing from LeMoyne College in 2016.

I'm a lifelong Central New York resident, married, with three grown children.

What have been some of the areas you've worked in at Crouse?

I started as a graduate nurse in the Coronary Care Unit (CCU). I've been a day charge nurse in the CCU, the Policies & Procedures Coordinator, a Clinical Coordinator for

Newsmakers

Betty O'Connor, Class of 1980, was appointed Chief Nursing Officer at Crouse Hospital, effective January 1, 2016. In announcing her appointment, Kimberly Boynton, Crouse Hospital CEO & President, stated, "Betty is a highly regarded, values-focused nursing leader and will do well in her new role."

Valerie Arne, Class of 1981 (the last class of the 3 year diploma program) has had what she describes as a "blessed career." Currently the Nurse Manager for the Medical Imaging Department at Highland Hospital in Rochester, she has received The Association for Radiologic and Imaging Nursing's "2016 Radiology Nurse of the Year" award. In addition, her book, *Fast Facts for the Triage Nurse* (2015), co-authored with Lynn Sayer Visser and Anna Sivo Montejano, has earned an AJN Book of the Year Award (3rd place in the Emergency and Critical Care Category). Valerie writes of her appreciation of the education she received at Crouse Hospital: "We are thankful for the journeys we have had ... started by the educations received." Valerie graciously donated two autographed copies of *Fast Facts for the Triage Nurse* to the Crouse Hospital Library.

Laura Waddington, BSN, RN, Class of 2002, is now an Administrative Supervisor at Crouse Hospital, having accepted the position in January, 2016. Laura has worked at Crouse Hospital since 2001, most recently as a Breast Navigator. She is a

graduate of Roberts Wesleyan College where she received her BSN and, in December, 2015, her Master's in Leadership & Administration.

Cheryl Czajkowski, MSN, RN, Class of 2003, has been appointed Associate Director of Patient and Nursing Services at the Syracuse VA Medical Center. Most recently, she served as the Medical VA Care Line Manager and has worked in both nursing staff and management positions.

Cheryl holds a Master's Degree in Nursing Leadership and Management from Walden University in Baltimore and a Bachelor's Degree in Nursing from Upstate Medical University. She holds membership with the International Nursing Organization Sigma Theta Tau and has served as a past President.

In November, 2015, **Shannon Bouchard, RN, Class of 2006**, was named nurse manager for 7 Irving (Kienzle Family Maternity Center). Shannon had been serving as clinical supervisor on 7 Irving prior to her appointment.

In January, 2016, **Jordan Jennings, Class of 2008**, Clinical Supervisor on 6 Memorial, accepted leadership responsibility for the Medical /Surgical Float Pool staff. Previously, Jordan worked as a staff nurse on 6 South prior to accepting his Clinical Supervisor's role in May, 2014. Jordan received his Bachelors of Science in Nursing from Le Moyne College.



Alumni Recipients of The DAISY Award at Crouse Hospital include:

Maggie Race, Class of 2014, whose nomination included these words from a peer: "Maggie was caring for a patient [whose] spouse was exhausted from sleeping in a recliner chair every night at the bedside, afraid to leave her side... Maggie offered to stay the night so her spouse could get a good night's rest. I don't mean work nights and have this patient in her assignment – I mean stay off the clock with this patient. He finally agreed and was able to go home and rest peacefully knowing Maggie was by her side all night... Every time I looked at her sleeping in that recliner, I was so proud to work where this kind of care exists." (April 2016)

Kate Eagan, Class of 1992, nominated by her colleague **Shelyn Boyer, Class of 2011** who wrote, in part, "Kate makes an impact on her patients... She really takes an interest in people's lives and their stories... Kate is a genuine person and incredible nurse. I am proud to call her a co-worker and friend." (March 2016)

Carol McCaffrey, Class of 1994, recognized for her "connection" with everyone and how her positive attitude and ability to answer questions makes all the difference in patients' experiences at Crouse. (January 2016)

Kim Bonilla, Class of 2002, recognized for her support of an appreciative family as they received difficult news. Kim helped them to cope and was kind, empathetic and compassionate to the daughter and wife of the patient. (December 2015)

Tyler Stoutenberg, Class of 2012 and Heather Giovo, Class of 2007 were selected based on a telephone call from a husband and wife in Florida, recounting their recent hospital experience. The husband was admitted to 5S Irving for an acute, unexpected problem and later reported, "This brother and sister team created a positive experience for a couple stranded in a strange city. They are both SIMPLY THE BEST!" (October 2015)

Noreen McNamara, Class of 1995, cared for a patient who proceeded with her wedding plans despite her hospital admittance, changing the marriage venue to the Bob Maher Memorial Chapel at Crouse Hospital. Noreen worked with administration, dietary and the patient's fiancée and surprised the couple with a wedding cake. (August 2015)

Crouse Hospital News

Nadine Streleski-Flanders, MBA/HCM, MSN, BSN, RN accepted the position of **Director of Women and Infants' Services** in January, 2016. Nadine comes to Crouse from Kaleida Health in Buffalo, where she held the positions of Director of Nursing Practice and Professional Development; Interim VP and CNO; Clinical Education Manager and Clinical Nurse Educator. Nadine graduated from Niagara University with a BSN and received her MSN from the University of Phoenix in 2012.

Chief Nursing and Clinical Operations Officer, **Ann Sedore**, retired from

Crouse Hospital on January 1, 2016. In announcing Ann's retirement, Kimberly Boynton, President & CEO, Crouse Hospital, stated, "We are grateful for Ann's outstanding leadership to Crouse over the past 10 years, including six as director of the College of Nursing and three years as Chief Nursing and Clinical Operations Officer. Ann's contributions to Crouse and to nursing in particular, have been significant and we are appreciative of her wisdom and insight as a valued member of the senior leadership team. While officially retiring, Ann has agreed to serve as a consultant to the women's service line, which she has ably led from a strategic direction standpoint

for the past two years. Ann will work two days a week on various projects related to women's strategic initiatives, including pelvic health, postpartum depression, Spirit of Women and the Breast Care Partners program. She will also continue oversight of the patient orientation project, including standardization of pre-admission patient information."

In addition to her College of Nursing Director responsibilities, **Rhonda Reader** assumed **operational oversight and leadership of Educational Services** and the **Crouse Hospital Library** in November, 2016. Bringing Crouse Hospital's primary educational focus areas under one leader will create a more coordinated and consistent focus on these two critically important programs.

Graduate Convocation Ceremony

At the December 16, 2015 Graduate Convocation Ceremony, held at the Holiday Inn in Liverpool, NY, Zachary Dyer, Amanda Brown and Cara Johnson were the lottery ticket winners. Each received a gift card from the Alumni Association to Bayberry Uniform Shops for purchase of uniforms or other nursing needs as they begin their nursing careers.

Welcoming Betty O'Connor

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the CCU, a Critical Care Educator, the Manager of Educational Services, Director of Medical-Surgical Services and Vice-President of Nursing Operations.

I've been extremely blessed to have been able to commit to Crouse Hospital and devote my career to this organization.

How would you describe your leadership style today?

I like to be collaborative but I can adjust to what is needed.

What do you like about being CNO? Any surprises in the role?

I love my job. Again, I feel very blessed to have had the opportunity to commit to one organization and grow professionally within this family. Any surprises? Not really, everyday is a new challenge!

Were there signs of leadership ability at a young age? Where do you think your drive comes from?

My drive comes from my wanting to make a difference in nursing and for our patients. I observed hard work and commitment from my parents at a very young age. I learned to work hard and be committed to the profession of nursing.

What important leadership lessons have you learned?

One of the most important lessons is to really listen to people and not be thinking ahead of how to answer.

What are the biggest challenges you see for the profession?

I feel the biggest challenge for nursing is to help staff manage through the crisis that we are facing in healthcare today with all the changes that are before us. In nursing, we need to be more innovative and look to new ideas to solve the complex issues that are facing nurses at the bedside. We need to move from

surviving to thriving and making new paths for patient care.

How has nursing changed in this era of healthcare reform? What has remained the same?

Over the past few years, nursing has become more complex and technical; critical thinking is most important. What has not changed is the need for people to feel cared for and respected.

What career and life advice do you give young people? What's your career and life advice for new college grads?

Be willing to be flexible, to work in teams, to see each person as a unique human being with unique needs and to love your work. Take time to rest and enjoy life outside of work.

Thank you, Betty, for taking the time for us today. Best wishes in your new role!

Crouse Health Foundation Report

Carrie Berse, President, Crouse Health Foundation

Comprehensive Campaign

The Crouse Health Foundation is currently in the “quiet phase” of a \$20 million fundraising campaign – Crouse Cares – that will provide funds for the renovation and expansion of two key areas at Crouse Hospital: Emergency Services and the Neonatal Intensive Care Unit. A public announcement regarding the campaign will be made at this year’s Tribute Evening gala on Friday, September 23rd; in the meantime, more details on both projects will be shared at the June Alumni luncheon and in future issues of the Alumni newsletter.

Special Estate Gift

The Crouse Health Foundation will be the major beneficiary of the Estate of Hadley J. Falk, MD. Dr. Falk, who passed away in October 2015, was a plastic surgeon affiliated with Crouse Hospital for many years. He also served as a President of the Crouse Hospital Medical Staff and on the Boards of both the Hospital and Foundation. Plans are now being developed for the establishment of an appropriate and meaningful tribute to Dr. Falk somewhere on the Crouse campus.

Say “Take Me to Vegas” and Support Crouse Hospital

Join Crouse colleagues and community supporters on Friday, May 6th from 6 to 10 p.m. at Drumlins Country Club for the Crouse Hospital Auxiliary’s “Take Me to Vegas” fundraiser. Enjoy gaming tables,

fabulous prizes, live entertainment, a silent auction and international food stations, all while supporting the work of Crouse Hospital. Tickets are \$75 per person or \$125 per couple. For more information or to purchase tickets, please contact Connie Bull at (315) 288-5294 or bullconstance@gmail.com.

Carl Palmer Art and Music

Legendary drummer Carl Palmer, formerly of the band Emerson, Lake & Palmer, will be in Syracuse on Saturday, June 11th for a private show and sale of his musically-inspired art, followed by a public concert by his current band. The event will be held at The Palace Theater in Eastwood, starting with an “invitation only” cocktail party that will feature a display and sale of his limited-edition art. Afterward, The Palace will open its doors to the public for an evening of great music featuring close to two hours of Carl and his colleagues in *Carl Palmer’s ELP Legacy: Remembering Keith and the Music of Emerson Lake & Palmer*. All proceeds from the sale of art and tickets for the concert will be used to further the work of the Spine Program of the Crouse Neuroscience Institute at Crouse Hospital. Tickets for the concert only are \$40 each and can be purchased online only at carlpalmercrouseconcert.eventbrite.com. Tickets for the art show and sale will include cocktails, hors d’oeuvres and VIP tickets to the concert. These tickets will be \$100 each and they will be available soon.

Polo for Premies

A polo match to benefit the Baker Regional NICU at Crouse Hospital is being planned for Sunday, July 31st at the Skaneateles Polo Grounds. Gates for this family-friendly event will open at 1 pm that day, with the polo match starting at 3 pm. More details on this new Crouse Health Foundation fundraising event will be shared soon.

Tribute Evening 2016

We are pleased to announce that two special Crouse friends, Diane and Bob Miron, will be our honorees at this year’s Tribute Evening gala, scheduled for Friday, September 23rd at the Pirro Convention Center at Oncenter. That night, the Mirones will be recognized for their accomplishments in their respective fields as well as for their service to, and support of, Crouse Hospital and the Crouse Health Foundation. This event, which will be our 40th Tribute Evening gala, promises to be a memorable one as we commemorate the start of Crouse Hospital’s 130th anniversary year *and* announce the public phase of our Crouse Cares comprehensive fundraising campaign.

More information on any of the aforementioned activities is available by contacting the Crouse Health Foundation at (315) 470-7702 or crousefoundation@crouse.org.



Student Lounge

The Student Lounge, located on the 3rd floor of the Marley Education Center, has been renovated, thanks to a generous gift from The William G. Pomeroy Foundation.



With Regrets...

Mary Klimaszewski Bobowski, formerly of Westvale, born in Syracuse on March 25, 1921, died on December 17, 2015. Mary graduated from Sacred Heart School, Central High School and Crouse-Irving Memorial School of Nursing. She served her country during WWII as a 2nd Lieutenant in the U.S. Army Nurse's Corps. After the war, she was a registered nurse at Columbia-Presbyterian Hospital in New York City, a charge nurse at St. Joseph's Hospital and an office nurse for her brother, Dr. Lucyan F. Klimas.

Spring Luncheon

The Spring Luncheon will be held at Borio's Restaurant, Lakeshore Road, Cicero, NY on June 4, 2016. The class of 1966 will be celebrating their 50th Anniversary and the class of 1991 will be celebrating their 25th Anniversary.

11:00 am – Cocktails – Cash bar
12 Noon – Luncheon

Any questions, please contact Kathy Paolini (676-7594).



Alumnus enjoying the 2015 Fall Luncheon

(left) Dianne Kring (1970) and Leah Neely (1969)

(bottom left) Sue Hoffman (1955) and Joan Weber (1955)

(bottom right) Jayme Lasher (2004) and Debbie Metallo (2004)



Pay Your Alumni Dues On Line!

Anyone who wishes to pay their annual dues by credit card can now do so by going on line!

To pay dues on line, go the Alumni website (www.crouse.org/nursing/alumni). Choose Alumni Membership in the left hand column.

This is a secure site linked to the Crouse Health Foundation. Your dues will be gratefully acknowledged.

Don't forget! You receive a 10% discount at the Crouse Hospital Gift Shop by presenting your membership card.

Directions to Borio's Restaurant located on the next page.

Crouse Hospital Nurses Alumni Spring Luncheon

Entrees: (Pick one)

- Chicken Francaise with potato & vegetable
- Broiled Haddock with lemon butter with potato & vegetable
- Pasta & vegetables with garlic butter sauce

Family style chef salad, Italian bread & butter

Dessert: Ice cream

Cost is \$18. Checks should be made payable to *Crouse Hospital Nurse's Alumni*.

Name _____

Maiden Name _____ Class of _____

Address _____

City, State, Zip Code _____

Phone _____

Email _____

Menu Choice: Chicken Haddock Pasta

Mail completed registration form and payment **by May 27th** to Julie Johnson, 5132 Greenbank Drive, Jamesville, NY 13078.

Directions to Borio's Restaurant on page 6.



Directions to Borio's Restaurant

Heading North from Syracuse:

- Route 81N to the Cicero Exit. Turn right onto Route 31
- Turn left onto Lakeshore Rd (at the Dunkin Donuts)
- Stay on Lakeshore Road for five (5) miles
- Turn left at the Borio's Restaurant sign

Heading East from Liverpool or Baldwinsville:

- Route 31 East through Cicero
- Turn left onto Lakeshore Rd (at the Dunkin Donuts)
- Follow Lakeshore Rd. for five (5) miles
- Turn left at the Borio's Restaurant sign

Heading from East Syracuse, Dewitt or Fayetteville areas:

- Route 481 North to the Northern Blvd Exit
- Turn right onto Northern Blvd
- Continue through a 4-way stop intersection to the next light. This is South Bay Road (look for gas station and drug store). South Bay Road sign is easy to see; turn right
- Follow South Bay Rd. until it ends (you will see the lake)
- Turn right again onto Lakeshore Rd
- Borio's sign and entrance is $\frac{3}{4}$ mile on the left (there is a golf course on the right)

Please Join Us in Membership



Stephanie Buker

Membership is so important to support our Alumni Association's scholarship program. With alumni support, in 2015 we were able to provide 19 scholarships — \$10,500 in scholarship monies — to our Pomeroy College of Nursing students!

Stephanie Buker has been a grateful scholarship recipient for all four semesters at the Pomeroy College of Nursing. "My scholarship has given me

that extra cushion to meet my financial responsibilities and relieve some of the stress of being in school." A resident of Adams Center, NY, Stephanie decided to change careers after 19 years as an optician. As a wife and mother of two daughters, ages 14 and 11 years, Stephanie continues to work 25-30 hours per week as an optician, in addition to her weekly 30 hour commute. She chose the Pomeroy College of Nursing because of its supportive environment and bigger city experience. "Here you have the chance to experience a full oncology

unit, cardiac floor, a Level IV NICU and a wide variety of procedures." As Stephanie acknowledges, "The scholarships are distributed quite evenly; for each of the recipients, any extra income is such a plus!"

Congratulations, Stephanie on your impending graduation and much happiness in your nursing career! And thank you, Alumni, for your support of our nursing scholarship at the Pomeroy College of Nursing at Crouse Hospital.

Have You Included the Pomeroy College of Nursing at Crouse Hospital in Your Will?

If you have, please let us know. We'd like the opportunity to say "thank you."

For more information on how to make a charitable bequest, save on estate taxes, or set up a life income plan for a spouse, child or loved one, please contact Carrie Berse at the Crouse Health Foundation at 315/470-7004 or carrieberse@crouse.org.

All responses are kept confidential and information is provided without obligation.