

Greetings from the President

I hope everyone enjoyed the new and professional format for our newsletter. If you haven't seen the last newsletter, please check the website @ www.crouse.org/nursing/alumni.

For those getting the newsletter by mail – you will receive it in May and September. In January, you will receive your dues notice with a letter. For everyone else, the newsletter, as well as your dues notice, will be available on the alumni website. In January 2017, the dues will increase to \$25 per year. This is the first change in six years and is necessary for us to continue the multiple financial aid scholarships we give each semester.

In November, from the 7th thru the 11th, we will hold our annual Basket Raffle in the hospital cafeteria. We will be selling tickets daily from 8:30am - 4pm. The only exception will be on Friday, when we will be drawing the winning tickets at 3pm. The baskets this year will include: 24" LED HD TV with a Roku Streaming Stick, Thanksgiving Treats, Holiday Surprises, Lots of Liquors, Wine Choices, Crock Pot and Supplies, 2 different Lotto Chances and maybe more!

Looking forward to seeing everyone at our Fall luncheon which will be held on October 15th at Borio's on Oneida Lake. Information and registration form is in this newsletter.

Thank you,
Julie Johnson, Class of 1961

News from the Pomeroy College of Nursing

by Rhonda Reader, Dean



Rhonda Reader

Another academic year is starting already. I hope everyone enjoyed the hot, dry summer... we certainly cannot complain that we didn't get enough sunshine this year!

People always ask me if I'm enjoying the quiet that summer brings to the College, but the truth is, we never really slow down. The faculty use the summer to refresh their presentations and many work in clinical roles to maintain their expertise. Students are so fortunate to learn from our faculty – they truly are exemplary. Also this summer the college launched a marketing campaign to promote our new evening/weekend track. You may have seen our advertisements on billboards or other media. We are excited to offer a program option that meets the needs of students attempting to balance their work/home life with the demands of a nursing program. We will enroll our first students in the evening/weekend track in January 2017.

We've hired a new Associate Dean for Students, Ryan Barker. Ryan has a background in student development, most recently at Syracuse University, and we are excited about the experience and skills he brings to this role.

In addition to the continued support we receive from the Alumni Association, we are fortunate to receive financial assistance from other generous donors. As you know, the Pomeroy family has

continued to support nursing education and it is through their naming gift we were able to update the student lounge. The next project, thanks to the Pomeroy's, will be the renovation of a classroom into a Student Life Center for academic support, peer groups, study sessions, and other student services. The Marley building will be updated as well. New flooring will be installed throughout the building thanks to the generosity of the S.I. Newhouse Foundation. The Newhouse Foundation made the original naming gift to the building to honor the parents of Susan Marley Newhouse. This latest gift is a multi-year commitment intended to help with the ongoing maintenance of the building.

Let's hope the wonderful weather continues into the fall!



Treasurer's Report

We currently have 253 paid members. Alumni Dues provide scholarship to nursing students in need. Dues payments are very important part of our mission and purpose. Donations in memory or in honor of someone dear are always welcome. The Alumni Office is open most Mondays. Please call 315-470-7214 with any questions or leave a message and we will return your call. You can also email us at Alumni@crouse.org

Jo Oliva, Class of 1954
Treasurer

Jean Serling, Class of 1950
Co-Treasurer

Crouse Health Foundation

Report to the Crouse Hospital Nurses Alumni – Fall 2016

by Carrie Berse, President, Crouse Health Foundation



Carrie Berse

Pomeroy College of Nursing Scholarships

Through the generous support of the Crouse Hospital Nurses Alumni, fourteen scholarships totaling \$7,000 were recently given to Pomeroy College of Nursing

students for the 2016-2017 academic year. These awards came from investment income earned by the endowed Crouse Hospital Nurses Alumni Fund and recipients were selected by the school based on financial need and academic achievement. In January, another eight scholarships will be awarded for the 2017 calendar year in the name of Crouse Hospital Nurses Alumni from an outright donation of \$5,000 made by the association.

These “split” scholarship disbursements – academic year versus calendar year – represent the College’s goal to have monies available for students entering our program in both the fall and spring semesters. Our students are deeply grateful for this meaningful support and our heartfelt thanks go to all the alumni

whose continued involvement and generosity make these awards possible.

Comprehensive Campaign

The Crouse Health Foundation is getting ready to publicly launch its \$20 million Crouse Cares Comprehensive Campaign, a fundraising effort that will provide support for the renovation and expansion of two key areas at Crouse Hospital: Emergency Services and the Neonatal Intensive Care Unit. An announcement about the campaign and commitments to-date will be made at this year’s Tribute Evening gala on Friday, September 23rd, with more details as well as opportunities for giving shared after the event.

Event Updates

The 2016 Crouse Classic Golf Tournament was held on July 18th, netting close to \$130,000 for ultrasound equipment for the Baker Regional Neonatal Intensive Care Unit at Crouse Hospital.

Our inaugural CNY Fertility Center Polo for Preemies was held on July 31st with more than 700 in attendance at the Skaneateles Polo Club. Net proceeds totaled more than \$12,500 and will be used to further the work of the Baker Regional NICU.

volunteers and benefactors Diane and Bob Miron will be honored that night and the celebration will include the marking of the 40th anniversary of Tribute Evening, the start of Crouse Hospital’s 130th anniversary year, and the announcement of the public phase of our Crouse Cares Campaign.

More information about the aforementioned activities or ways to advance the work of the Pomeroy College of Nursing is available by contacting Carrie Berse at the Crouse Health Foundation at (315) 470-7004 or CarrieBerse@Crouse.org.

With a Vision for the Future

Pomeroy College of Nursing students will greatly benefit from the vision and generosity of two very special alumni:

Ann Surina Kronner, Class of 1955, recently established a permanent named fund within the Crouse Health Foundation’s Endowment Fund. The James M. and Ann T. Kronner Scholarship Fund will furnish scholarships for qualified students in the Pomeroy College of Nursing at Crouse Hospital for perpetuity. We are deeply grateful to Ann for creating this fund to benefit her alma mater and assist future nursing students with the costs of their education.

(The Estate of) **Jean DeMartino Mastrangelo**, Class of 1953, contributed \$1,000 to the Crouse Health Foundation via a provision in her will. By including this bequest in her estate plan, Jean’s dedication to the college and its students continues.

Have You Included the Pomeroy College of Nursing at Crouse Hospital in Your Will?

If you have, please let us know. We’d like the opportunity to say “thank you.”

For more information on how to make a charitable bequest, save on estate taxes, or set up a life income plan for a spouse, child or loved one, please contact Carrie Berse at the Crouse Health Foundation at 315/470-7004 or carrieberse@crouse.org.

All responses are kept confidential and information is provided without obligation.

Sales for our 40th annual Tribute Evening gala are on a record pace as we prepare for the September 23rd event at the Oncenter in Syracuse. Crouse



From the Other Side of Retirement

by Ann Sedore, Women's Initiatives Consultant at Crouse Hospital

Like many of you, retirement has brought me more time for family, gardening and adventure. In addition, I have been awarded the great luxury of staying connected to the Pomeroy College of Nursing and Crouse Hospital's amazing women's services.

I have a little office nestled in the middle of the faulty suite and enjoy listening to hard working teams and infectious laughter. The College is fortunate to have such an outstanding group of men and women educating the nurses of tomorrow.

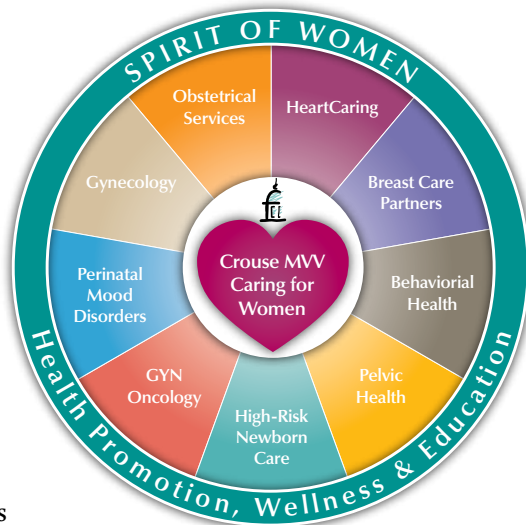
I was blessed to speak at the 100th Convocation in May and to share my love of nursing and advice from my 50 years of practice. I have no doubt that I spoke for

the majority of alums who had the good fortune to be educated at Crouse Hospital's program and provide health care in Central New York.

I am working 16 hours per week on promoting the development of new women's services as well as supporting the strategic direction of the established services. The diagram (right) highlights the key services. Crouse Health continues the long history of promoting women's health and educating the community.

On a final note, if you are not a member of CH Spirit of Women, join today. You will receive information regularly about educational and wellness opportunities.

I have found that Crouse Hospital



values retirees. You can volunteer, join the auxiliary or donate through the foundation. Go to crouse.org and find a way to continue your involvement. My retirement has been enriched by staying linked with Crouse Hospital.

Spring Luncheon a Success!

The Spring Luncheon was held at Borio's on Oneida Lake, June 4, 2016. The 50th anniversary of the Class of 1966 was honored. At least 15 alumni attended the luncheon. Thank you to Kathy Paolini for encouraging so many of her classmates to attend. They continued their celebration after the luncheon had finished.

The 25th anniversary of the Class of 1991 was honored, too, with four alumni in attendance.

CNO Betty O'Connor attended the luncheon to welcome all alumni and give a short update of the nursing service at Crouse Hospital and to answer any

questions. Thank you so much, Betty, for taking time to join us on a very busy weekend at the hospital, the roll-out of the Soarian computer system.

The Alumni meeting was very short because there was no change in the membership of the Board this year. Reghan Cashier Worden, Class of 2003, has accepted the job as Recording Secretary for the Board of Directors. She will begin her duties in the fall.

The 50/50 raffle was its usual successful event. We had two winners this year.

Respectfully submitted,
Julie Johnson, President

Pomeroy College of Nursing's new 18-Month to RN Program

Crouse Hospital's Pomeroy College of Nursing has announced a new option that will make it possible for students to attend classes and clinical experiences offered in an evening/weekend format, culminating in an associate degree in applied science with a major in nursing in just 18 months. The New York State Department of Education recently approved the college's "18 Months to RN Evening Track." Applications are being accepted now for the January 2017 start date. To learn more, call 315/470-7481 or visit crouse.org/RNEvening.



Class of 1966



Ann Patch, 1959 (left) and
Helen Parker, 1948



Ruth Kirk, 1991 (left) and
Chele Conley, 1991

Newsmakers

Elizabeth Rochin, Class of 1989, reached one of her professional goals in May, 2016 when she received her Doctor of Philosophy in Nursing from East Carolina University. Elizabeth has spent her career in patient care areas of pediatrics, neonatology, bariatrics and women's health. She is currently the Vice President of Women's and Children's Services at Reston Hospital in Reston, Virginia. She resides in Vienna, Virginia with her husband, **Peter Rochin, Class of 1989** and her two sons.

Crouse Hospital is proud to announce that **Pat Moses, RN, BSN, CEN, AEMT-P, Class of 1982**, has been named the 2016 Central New York EMS RN of the year. Pat was honored at a recent banquet and presented her award by Dr. Derrick Cooney, President of The CNY Regional Emergency Medical Services Council, whose members include all hospital and EMS personnel in Cayuga, Cortland, Onondaga, Oswego and Tompkins Counties. It is an honor that our EMS partners have recognized one of our own. Congratulations, Pat!

Cindy Cusson, RN, MSN, Class of 2005, has accepted the Nurse Manager position for 5 South Irving effective August 8th. Cindy has been employed at Crouse since 2005. She has previously worked in the Peri-Operative department as a Circulating Nurse and as a Surgical Services Team leader. In 2013, Cindy became the Bariatric Program Administrator and was responsible for Crouse's successful recertification by MBSAQIP as a Comprehensive Center for Bariatric Surgery. Cindy obtained her Master of Science in Nursing from Walden University. Presently, Cindy is pursuing her Doctorate in Nursing Practice through Walden University.

Laura Waddington, RN, MSN, Class of 2002, has accepted the Nurse Manager position for 6 South Irving effective August 8th. Laura has been employed at Crouse since 2001. Previously, she was an Administrative Nursing Supervisor, worked at the Breast Health Center as a Breast Patient Nurse Navigator and as a staff nurse on the Telemetry unit and the Cardiac Catheterization Laboratory. Laura obtained her Bachelor of Nursing and Master of Science in Nursing/ Leadership Administration from Roberts Wesleyan College.



Alumni Recipients of The DAISY Award at Crouse Hospital include:

Olga Marshall, RN (Class of 2013)

Olga, a member of the ICU team, was Crouse Hospital's May 2016 DAISY Honoree. Her nomination was read by her nominator, **Carol Cook, Class of 1975**, Lactation Consultant for Perinatal Services. Here is a summary of Carol's nomination:

Olga is professional, knowledgeable, kind and compassionate. A few years ago, I spent time in an ICU at my daughter's bedside trying to decide if I should agree to discontinue the ventilator that was barely keeping her alive. Sadly, an untimely and unexpected situation led to the click of a button, the silence of a machine and the end of a life. My daughter was gone. When people asked what they could do for me, I said, "Give someone a hug."

Recently, at Crouse's ICU, I found myself at my husband's bedside filled with stress, fear and worry. Day and night the nurses would tend to his needs and keep me posted on his progress. As the hours passed, I felt myself reliving the past and wondering about the future. I felt I was weakening under the weight of our life challenges and then there it was The Hug. That meant more to me that I can put into words. But, then, if you have a hug, who needs words?

There are some things you never forget and this is one for me. So simple, yet priceless.

Belinda Blanck, RN (Class of 1977)

Belinda, a member of the Kienzle Family Maternity Center, is Crouse Hospital's June 2016 DAISY Honoree. Belinda was nominated by Nurse Manager, **Shannon Bouchard, Class of 2006**. Here is a summary of Shannon's nomination:

"Belinda serves as a role model with an expert level of clinical knowledge pertaining to her specialty field, with 39 years of service at Crouse Hospital. Her highest priority is creating an exceptional experience for patients and families. She forms lifelong bonds, receiving the highest praise. She serves as a fair, genuine role model to staff. She is involved in the nursing profession and fought for safe staffing. She keeps the unit running smoothly. Belinda is an empowering, professional, passionate, dedicated and respected nurse leader. She offers an ear to listen, a shoulder to cry on and inspiration to achieve goals previously thought to be unattainable. I am extremely proud to have Belinda as a member of our Crouse team."

We Remember...

RECENTLY DECEASED

Class of 1939

Georgia Martini Sauda
January 31, 2016

Class of 1943

Olga Basey Palisi
June 24, 2015

Class of 1945

Helen Exton Spencer
June 22, 2016

Class of 1946

Elizabeth Scaia
September 2, 2015
Ellen Gorton Ponzo
August 3, 2016

Class of 1947

Helen Emily Rosenberger
Haight
May 27, 2016

Class of 1948

Mary Herron Hughes
October 19, 2015

Class of 1953

Jean DeMartino Mastrangelo
April 1, 2016

Class of 1954

Wilma Binell Bartlett
June 2, 2015

Class of 1961

Mary Cox Scott
December 19, 2015

Class of 1964

Nancy Wallace Sleeth
June 19, 2015

Class of 1966

Mary Miller
June 13, 2016

Class of 1969

Elaine Sicara Parrott
January 8, 2015

Class of 1983

Howard West
January 6, 2016

Class of 1986

Elizabeth Shaffer Kendrick
February 11, 2015

Class of 1992

Amy Lund
May 26, 2016

Class of 2003

Bethan Jones
November 1, 2015

Class of 2007

Heather Day Brewster
December 11, 2015
Timothy Jay Wallace
July 3, 2016

Crouse Hospital Nurses Alumni Board

President.....Julie Johnson (Class of 1961)
1st Vice PresidentKathy Paolini (Class of 1966)
2nd Vice President.....Joan Greene (Class of 1957)
Recording Secretary Reghan Worden (Class of 2003)
Corresponding Secretaries: ..Jo Oliva (Class of 1954) and
Jean Serling (Class of 1950)
Treasurer.....Joe Oliva (Class of 1954)
Assistant Treasurer Jean Serling (Class of 1950)
Newsletter & Archives Ellen Owens (Class of 2009)
Directors: Shannon Bouchard (Class of 2006)
Janet Dellas (Class of 1951)
Melissa DiNatale (Class of 2006)
Louise Iannotta (Class of 1961)
Doris Paul (Class of 1961)
Brynne Stockton (Class of 2012)
Jean Young (Class of 1961)

Fall Luncheon

The Fall Luncheon will be held at Borio's
Restaurant, Lakeshore Road, Cicero, NY on
Saturday, October 15, 2016.

11:00 am – Cocktails – Cash bar
12 Noon – Luncheon

Any questions, please contact Julie Johnson at 315-449-3559.



Directions to Borio's Restaurant located
on the next page.

Crouse Hospital Nurses Alumni Fall Luncheon

Entrees: (Pick one)

- Chicken Francaise with potato & vegetable
- Cape Cod Haddock with potato & vegetable
- Pasta & vegetables with garlic butter sauce

Family style chef salad, Italian bread & butter

Dessert: Ice cream

Cost is \$18. Checks should be made payable
to *Crouse Hospital Nurses Alumni*.

Name _____

Maiden Name _____ Class of _____

Address _____

City, State, Zip Code _____

Phone _____

Email _____

Menu Choice: ☐ Chicken ☐ Haddock ☐ Pasta

Mail completed registration form and payment **by October 8th** to Jo Oliva, 6050 Bay Hill Circle, Jamesville, NY 13078.

Directions to Borio's Restaurant on page 6.



Heading North from Syracuse:

- Route 81N to the Cicero Exit. Turn right onto Route 31
- Turn left onto Lakeshore Rd (at the Dunkin Donuts)
- Stay on Lakeshore Road for five (5) miles
- Turn left at the Borio's Restaurant sign

Heading East from Liverpool or Baldwinsville:

- Route 31 East through Cicero
- Turn left onto Lakeshore Rd (at the Dunkin Donuts)
- Follow Lakeshore Rd. for five (5) miles
- Turn left at the Borio's Restaurant sign

Heading from East Syracuse, Dewitt or Fayetteville areas:

- Route 481 North to the Northern Blvd Exit
- Turn right onto Northern Blvd
- Continue through a 4-way stop intersection to the next light. This is South Bay Rd (look for gas station and drug store). South Bay Rd sign is easy to see; turn right
- Follow South Bay Rd. until it ends (you will see the lake)
- Turn right again onto Lakeshore Rd
- Borio's sign and entrance is $\frac{3}{4}$ mile on the left (there is a golf course on the right)

Send Us Your News!

Name: _____

Class: _____ Year: _____

Name while attending
Crouse Hospital School/
College of Nursing: _____

E-mail: _____

News to Share: _____

Send your news to:
Crouse Hospital Nursing Alumni Association,
736 Irving Avenue, Syracuse, NY 13210 or email Alumni@Crouse.org.
We look forward to hearing from you!



Are you a Crouse/Pomeroy College of Nursing graduate?

Would you like to help 10 students receive scholarships each year?

Are you interested in 10% off every transaction in the gift shop?

Please join us in membership!

Simply complete a payroll deduction form (right) for your annual alumni renewal fee of \$25

– or –

Mail check to Crouse Hospital Nurses Alumni Association, 736 Irving Avenue, Syracuse, NY 13210.

Thank you!



ALUMNI DUES

This payment will be satisfied via payroll deduction for Crouse Hospital employees only. Please arrange for deduction of \$_____ from one paycheck.

Signature (required for payroll deduction)

Employee#

Date

MAIL TO:

Crouse Health Foundation
Marley Education Center, 4th Floor
736 Irving Avenue
Syracuse, NY 13210