
Newsletter   September 2012

From the President

We certainly can't complain about the lack of sunshine in Central New York this summer! Now we're looking forward to those crisp autumn days.

The fall luncheon at Borio's is coming up in October. I'm looking forward to seeing our regulars and hopefully some new faces.

We had tremendous success with our fall basket raffle, so we will continue to host the event in late October, in the hospital cafeteria. Please make an effort to stop and see the baskets and try your luck at winning. All the funds will go to the many scholarships for our college students.

Joan Warboy Greene
Class of 1957



Treasurers' Report

We currently have 342 paid members. Dues payments are a very important part of our mission to provide scholarships to nursing students.

When dues are paid you are mailed a membership card. This membership card entitles you to a 10% discount at the Crouse Hospital Gift Shop.



Donations in memory or in honor of someone dear are very much appreciated.

The alumni office is open most Mondays. Please call (315) 470-7214 with any questions or leave a message and we will return your call. You can also email us at Alumni@crouse.org with questions, comments or requests.

Jo Oliva, Treasurer, Class of 1954
Jean Serling, Co-Treasurer, Class of 1950



Newsletter Correction

In the last newsletter Muriel Partridge was mistakenly listed in the class of 1949. Muriel was a member of the class of 1947.

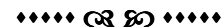


Pay Your Alumni Dues On Line!

Anyone that wishes to pay their annual dues by credit card can now do so by going on line!

To pay dues on line go to the alumni web page at www.crouse.org/nursing/alumni. Choose Alumni Membership in the left hand column.

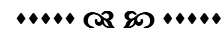
This is a secure sight linked to the Crouse Health Foundation. Your dues will be acknowledged.



Volunteer Opportunities at the College

The Center for Academic Success has a continuing need for volunteer help to proctor exams during daytime hours. Additional help is also needed for the Learning Supplies Store. A few hours a month would be very helpful.

If you have time to consider this please email, NikkiLoock@crouse.org or call Nikki at 470-5779. You can also send a message to Julie Johnson at JulieJohnson@crouse.org.



Fall Fundraising Event

This fall's fundraising event will run from Monday, October, 29 thru, Friday, November 2. The Alumni Board members will raffle seven or eight baskets. Basket themes will include:

- Greeting cards and notepaper
- Keurig coffee pot and coffee selections
- Lottery tickets
- Thanksgiving (including a turkey gift card)
- Wine
- Party Libations

Any alumni that would like to contribute funds to help us with this event would be appreciated by all. Another way for Alumni to help would be to pay dues on a yearly basis. We look forward to seeing everyone at the raffle in the Crouse cafeteria.



Alumni News

Edith Blair, Class of 1951, recently moved to the Oaks, Dewitt, NY.

Bert Eischen, Class of 1940, recently moved to Summerfield Village. Syracuse, NY.

Joann Quinn, Class of 1953, sent notice of the death of her husband, John C. Quinn on 5/19/11.

Wanda VanArsdale, Class of 1951, moved back to Syracuse from Fountain Hill, Az.

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Regrets....

Name	Class	Deceased
Jane Tanner Cleveland	1965	8/6/12
Margie Reightmeier Cox	1949	7/2/12
Jean Loar	1949	7/12/12
Fern Polley Myers	1949	5/6/12
Priscilla Byer Port	1946	5/15/12
Margaret Reed, Faculty (1981-1991)		6/12/12

When informing the Alumni Office of the death of an alumna, please send an obituary from the newspaper, notification from a family member or friend or a link to an obituary published on line. Please include your name and address as well.

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50 Year Celebration – Class of 1963

We are planning to coordinate a 50th year celebration for the Class of 1963 at our spring luncheon in May of 2013 which coincides with the year long celebration of the College’s 100th anniversary.

We hope to have many members of this class participate in events during the year. Check the Alumni web site so you won’t miss any of the activities that begin this fall. There will be multiple displays in the hospital and the College. You can also expect to hear from your class representatives: Beth Beach, Jean Beers, Mary Martin and Gretchen Stevens.

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Alumni Association Web Page

Don’t forget! This newsletter and other information **including a page for paying your dues on line** can be found on the alumni’s web page at www.crouse.org/nursing/alumni.

CROUSE HOSPITAL College of Nursing



**Cross Cultural Healthcare Experience
A Student’s View**

Hola! We were fortunate to be able to participate in Crouse Hospital College of Nursing’s first Global Health Initiative trip to Guatemala in June. During a twelve day period, we held seven clinics in three different locations. Guatemala is a gorgeous country. Everything from the landscape to the people is beautiful. During our clinics, we saw over five hundred children and each child greeted us with a smile on their face.

The children would be physically assessed and then treated if necessary. Our supplies enabled each child to receive a month’s supply of vitamins, a toothbrush, toothpaste and soap. They were also given a dose of Vitamin A for anemia and poor nutrition and two doses of Albendazole, an anti-worming medicine for intestinal parasites.

This experience was life changing. To be able to help these children and see how happy and grateful they were made everything worth it. It was an amazing adventure filled with challenges. However, we would gladly participate in another trip of this nature and encourage others to do the same.

We want to thank everyone for their support and assistance in making this happen.

Kathleen Bailey and Rebecca Webster



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Cross Cultural Healthcare Experience A Faculty's View

Crouse Hospital College of Nursing students and faculty had the opportunity to travel to Guatemala for a clinical elective this summer. Our project was to work with Children of God mission on a healthy belly de-worming project. The water in many areas of Guatemala is contaminated causing a worm infestation. This worm infestation contributes to both malnutrition and high rates of school absenteeism. The College of Nursing was very fortunate to go to Guatemala on the "Healthy Belly" initiative in order to help eradicate this problem.

I have always wanted to be part of a medical mission as long as I can remember because of a love of adventure, travel, and a good challenge. On this mission I learned the importance of serving. According to Doctor Rachel Remen, one of the earliest pioneers in the mind/body holistic health movement and the first to recognize the role of the spirit in health and the recovery from illness, service is paramount. She teaches me to differentiate between serving and helping. The act of helping, she maintains, suggests a sense of inequality. Moreover, she related that when one helps another, the relationship is unbalanced. The helper, being more powerful and stronger than the other, results in feelings of indebtedness. Service, on the other hand, connotes more of a sense of equality, ultimately leading to mutual healing. I observed this daily in Guatemala. I witnessed the joy and happiness that was infused into our students and faculty from those we were serving. I found the Guatemalan children both joyful and peaceful, despite circumstances that most of us cannot imagine. They taught me a great deal about gratitude and happiness. I learned that helping someone yields a sense of satisfaction whereas service results in a profound sense of gratitude. That was my epiphany! There was such a continuous flow of giving and receiving the whole time we were down there from everyone. I have never felt such a connection to others.

I also was able to witness nursing in its purest form. Although supplies of medications, technology, and other resources were certainly lacking, our care was not. Collectively, our physical assessment skills grew exponentially as we adapted and relied more on our own senses to obtain assessments. The ability to triage and

prioritize grew stronger each day. Our students learned quickly and amazed all of us! We learned that, despite not being able to fix all of our patients' physical needs, it was the connection that we formed that was pivotal. We could make a difference. To watch this on a daily basis was nothing short of awe inspiring.

Encouraging cultural sensitivity was a primary goal of this mission. Ironically, I became more aware of our similarities. Everyone wants to feel respected and cared for. We all need to know that our lives matter. The relationship between the Crouse students and faculty and the Guatemalans was characterized by this respect. We focused on caring and this is inherent to our new curriculum. We had to collaborate to be effective.

In short, this experience has changed my life in so many ways. I have such a renewed respect for our profession and the power it has to heal. I can now discern between healing and curing. Because of Guatemala, I am a better nurse, educator and person.

From the bottom of my heart, I want to thank Ann Sedore making this trip come to fruition. I am a very grateful person.

Sally Manahan RN MS
College of Nursing
Faculty



2012 Nursing Commencement

The College of Nursing's Commencement Ceremony was held on Thursday May 24, 2012 at Hendricks Chapel, Syracuse University.

Congratulations to Caitlin Coleman for receiving the Nurses Alumni Award. It was presented by Joan Greene, Alumni President.

Congratulations to all the candidates that received their Associates Degrees!



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Improving the Patient Experience: Crouse Breast Health Center Expansion Nears Completion

Greetings...

Scheduled to open in mid-September, the renovated and expanded Crouse Breast Health Center, located on the ground floor of the CNY Medical Center (across the street from Crouse Hospital), will be 600 square feet larger than the original center and will feature private consultation and changing rooms, two image reading suites and a bigger, more comfortable welcoming and private patient registration area.

Physical surroundings and privacy are particularly important to women who find having a mammogram or receiving follow-up breast healthcare to be an uncomfortable or worrisome experience. This major renovation addresses those issues and will provide a much more patient-friendly experience.

If you or someone you love has been the beneficiary of breast healthcare services at Crouse, please consider a gift in their honor or in thanks to a physician, nurse or other staff member. Just call the Crouse Health Foundation at 315/470-7702.

Paul Kronenberg, MD
President & CEO
Crouse Hospital

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Director's Corner

Well as usual, faculty and students are back to College and cannot believe that summer break is over. We are busier than ever because we have topped 330 students in the program.

In addition to the usual excitement that accompanies the start of a new semester, everyone is anticipating the beginning of our 100th anniversary celebration: Vision 2013 - Building on a Century of Excellence. The kick off will occur September 27, 2012 with a 100 days to 100 years celebration. Throughout the fall, information about the College, its history, alums, students and faculty will be widely distributed via an updated webpage, social media, a library display, and activities within the college and hospital. During this time, we also will be highlighting meaningful quotes that keep our alums, faculty, and students going during the challenges of school and the demands of a health care career. If you have a quote you love, please send it to LindaSueThompson@crouse.org.

Throughout 2013 we will focus on activities that highlight college growth and excellence. Each month there will be a designated flashback Friday featuring one of the ten decades of our existence. A poster will remind us of key facts about the decade and food and music will stir up nostalgia for the bygone days. We will also promote modeling of clothes and uniforms from the decades.

May 2013 will be a busy month of celebration with a noted international expert in Evidence Based Practice, Bernadette Melnyk, as our graduation speaker and the keynote speaker at a College -sponsored educational conference.

Our actual anniversary is August 13, 2013 and we will have a cake and sing happy birthday. Celebrating a 100 years of making a difference is quite important to all of us.

Finally we invite you to put our first Homecoming Celebration on your calendar. It is scheduled for **October 18-20, 2013** and will include opportunities to reconnect with other alums, relax with special Saturday afternoon activities, be recognized at a dinner, dance the night away to music of the decades and tour the College after a Sunday brunch.

We are proud of the century of our alums making a difference and we hope you join us in celebrating our anniversary and continuing our journey of excellence.

Ann Sedore
Director, College of Nursing



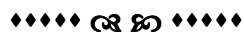
Spring Luncheon and Annual Meeting

The spring luncheon was held at the Crowne Plaza Hotel. The 1962 class enjoyed their 50th reunion together. The following Alumni Board of Directors positions were voted on and approved.

- Linda Webster was elected Recording Secretary
- Janet Dellas was elected, 2nd Vice President for Bylaws
- Jo Oliva and Jean Serling will now fill the Corresponding Secretary position as well as Treasurer and Assistant Treasurer.

Alumni Board Membership

Many members of the Board of Directors for the Crouse Alumni have either resigned or retired from the Board of Directors. Any alumnus that would be willing to consider this opportunity to be an active member of the Crouse Alumni Board of Directors is asked to contact Joan Greene, the current Board President, jgreene6@twcny.rr.com. Another option would be to call the alumni office at (315) 470-7214 and leave a message. You may also email the board at Alumni@crouse.org to express your interest. We would welcome your participation on the Board of Directors.



Crouse Health Foundation News

Crouse Classic Golf Tournament

Net proceeds from the July 16th Crouse Classic Golf Tournament have reached \$106,000 (that's a tournament record and close to \$10,000 over budget). These monies are now being used to purchase two Giraffe® OmniBeds for Crouse Hospital's Baker Regional NICU. The Omnibeds are neonatal incubators designed specifically for temperature regulation and the reduction of environmental stimuli for the neonate.



Our thanks go to tournament sponsor Neonatal Associates of CNY and our other sponsors as well as everyone who played in the outing. It was a great day of golf and a meaningful event for the entire Crouse organization. Pictures from the tournament and more details are available on our website at crouse.org/foundation.

Tribute Evening

Close to 800 tickets have already been sold for the Friday, September 14th Tribute Evening gala honoring Bill and Sandra Pomeroy. (Please contact the Foundation Office at (315) 470-7702 if you would like a printed invitation or visit our website to order tickets.) The Foundation is pleased to announce that it has exceeded its goal for sponsorships, and our deep appreciation goes to all of our sponsors: Hayner Hoyt Corporation; Bond, Schoeneck & King; CXtec/Teracai/Pomeroy Family Fund; Bailey, Haskell & LaLonde; Dannible & McKee; Hancock Estabrook; Pepsi Beverages Company; POMCO Group; The Sutton Companies; Diane and Bob Miron; Jeffries; and Pediatric Cardiology Associates.

Congratulations and thanks go to our volunteer leadership team for all of their achievements to-date. This year's gala is on track to be one of our most successful yet!

Breast Health Center Campaign

A reception was held in late August for individuals considering major gifts to our Breast Health Center Campaign. More than 60 people attended and similar events are being planned, all featuring a brief presentation by the Breast Health Center's Medical Director Dr. Steve Montgomery. These gathering are focused on raising money to help offset the costs of construction, create an endowment fund and underwrite the cost of state-of-the-art 3-D mammography equipment for the new facility (which will open mid-September.)

If you would like to make a donation (perhaps in honor or in memory of someone special), please contact Carrie Berse in the Foundation Office at (315) 470-7004 or email CarrieBerse@Crouse.org.

Carrie Berse, President Crouse Health Foundation

