

## Internet Resource



## Support Groups

**AIAnon/AIAteen** for friends and families of alcoholics/addicts – 315/471-0191 (24 hours)  
Meetings daily at various times and locations  
syracuseais.org/

**Alzheimer's Support Group** – 315/468-5108  
Third Tuesday of each month at 2:30 p.m.  
Bellevue Manor  
4330 Onondaga Blvd. Syracuse  
ddyer@netscape.com

**Caregivers Support Group** – 315/475-9675  
HOPE for Bereaved, Inc.  
4500 Onondaga Blvd. Syracuse  
wstein@cnyemail.com  
Fourth Thursday of each month at 6:30 p.m.  
Any Caregiver is welcome, chronic,  
degenerative or terminal illness

**Caretakers of a Spouse Support Group** –  
315/423-9961  
IHOP restaurant at the corner of Erie Blvd. and  
E Genesee St. in Dewitt  
First Wednesday of each month at 10:30 a.m.

**General Therapeutic Caregivers Group** - any  
caregiver can attend – 315/445-0820 Ext. 227  
Every Tuesday 2:30-4:00 p.m.  
Syracuse Jewish Family Service  
1 Hodes Way, 4101 E. Genesee St. Syracuse  
sudem@sjfs.org

**Syracuse Caregivers Support Group**  
Second Thursday of each month at noon  
St. Plymouth Congregational Church,  
232 E. Onondaga St. Syracuse  
Sponsored by Onondaga County Department  
of Aging and Youth.

## Agencies/Programs

**Catholic Charities Diocese of Syracuse** – 315/424-1800  
<http://www.ccoc.us/services/older-adults-services>

- Supportive Services for Veteran Families
- Behavioral Health
- Neighborhood Advisors
- Adult Aides
- Retired Senior Volunteer Program (RSVP)
- Neighborhood Centers & Programs
- Expanded In-Home Services for the Elderly Program
- Health Services Coordination
- Transportation Services
- Representative Payee Program
- Project Fix
- Ombudsman Program

**Home Aides of CNY** – 315.476.4295      Central Square– 315/668.0111  
homeaidescny.org

- Caregiver Monday
- Caregiver Respite Program
- Companion Service
- Homemaker Services (laundry, shopping, light housekeeping,chores)
- REACH Program (caregivers of individuals with Alzheimer's/dementia)
- Lifeline Medical Alert
- Medical Information
- Medication Dispensing Service

**Alzheimer's Assn, CNY** – 315/472-4201  
alz.org/centralnewyork  
**Kirkpatrick Day Care Program**  
– 315/472-4204

**Arc of Onondaga** – 315/476.7441  
arcon.org *developmental disabilities*

**Brain Injury Coalition** – 315/425-5364  
bicny.org

**CNY Autism Society** – 315/447-4466  
cnyasa.org

**Down Syndrome Assn, CNY** – 315/682-4289  
dsaofcny.org

**Enable** – 315/455-7591  
enablecny.org *children & adults with disabilities*

**Grandparents Raising Grandchildren** –  
315/216-6425

**Huntington Family Center** – 315/476-3157  
huntingtonfamilycenters.org/

**InterFaith Works Sr Companion Program** –  
315/449-3552 ext 109  
interfaithworkscny.org/programs

**Jewish Community Center** – 315/445.2360  
jccsyr.org/seniors.html

**Muscular Dystrophy Group** – 315/451-8269  
swccsyr.org

**OASIS** – 315/464-6555  
oasisnet.org/Cities/East/SyracuseNY.aspx

**Onon. Cnty ICare Institute** – 315/435-2362  
Free classes for caregivers  
ongov.net/ay/icare.html

**Senior Centers** (Onondaga County)  
ongov.net/ay/documents/SeniorCentersREV.pdf

**Senior HomeCare Solutions and Alzheimers  
Solutions** – 315/247.6741  
syracusesenior.com *Non-medical*

## Home Care Providers/Hospice

**CareGivers** 315/451-6886  
caregivershomecare.com *Upstate New York &  
Western Pennsylvania with 13 locations*

**NYS Association of Health Care Providers** -  
518/463-1118  
nyshcp.org/custom/directory/provider.aspx

**National Association for Home Care and  
Hospice** – 202/547-7424  
http://www.nahc.org/

**Hospice of Central New York** – 315/634-1100  
hospicecny.org

## Offices of Aging

**Onondaga County** – 315/435-2362  
ongov.net/agingandyouth/

**New York State Office of Aging** – 800/342.9871  
http://www.aging.ny.gov/

## Nutrition/Driving Programs

**Onon Cnty Meals on Wheels** – 315/435-2362  
ongov.net/aging/nutrition.html

**Onondaga County Sr Transportation Services**  
ongov.net/ay/saferoads/older/trans\_services.pdf

**Onondaga Senior Call-A-Ride Program**  
(OSCAR) – 315/442-3434  
centro.org/OSCAR.aspx