



Crouse Family Support Program Screening

The CAGE questionnaire is used to test for [alcohol use disorder](#) in adults. It is not used to diagnose the disease but only to show whether a problem might exist.

The CAGE questionnaire consists of four questions that relate to your use of alcohol:

- Have you ever felt that you ought to **C**ut down on your drinking?
- Do you get **A**nnoyed by criticism of your drinking?
- Do you ever feel **G**uilty about your drinking?
- Do you ever take an **E**arly-morning drink (eye-opener) to get the day started or to get rid of a hangover ("a little hair of the dog that bit you")?

If you answer "yes," "sometimes," or "often" to **2 or more** of the questions, you might have a problem with alcohol. We know that life is stressful with new adjustments and some people self-medicate with alcohol or other substances to help cope. If you or someone you care about has an alcohol use disorder, we have resources to help you. Please talk with your health professional. Further evaluation by a trained alcohol use disorder counsellor might be needed. Your provider will discuss this with you at your visit.