



SUMMER FRESH PASTA SALAD

INGREDIENTS

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| 2 cups cooked rotini pasta,
rinsed and drained | ¼ cup fat-free Ranch dressing |
| 1 cup chopped fresh tomatoes | 1 tsp. Dijon mustard |
| 1 cup chopped cucumbers | 1 Tbsp. fresh chopped parsley |
| ⅓ cup shredded reduced-fat
mozzarella cheese | |

DIRECTIONS

1. In a medium bowl, combine pasta, tomatoes, cucumbers, and cheese. Add Ranch dressing, mustard, and parsley. Mix gently to combine.
2. Cover and refrigerate 1 hour or until ready to serve.

NUTRITION FACTS

Serves 4 / Serving Size - ½ cup pasta salad

Calories	271
Total Fat	3.3g
Protein	10g
Cholesterol	6.0mg
Sodium	220mg
Total Carbohydrates	49g
Dietary Fiber	2.7g
Sugar	4.5g